

dairyfresh 
Your Cash & Carry Delivered!

East End

East End

FULL RANGE OF EAST END PRODUCTS





£25.69

RRP

£5.99

COST

£4.28

POR 29%

VEGETABLE MARGARINE EAST END 6X2KG

NUTS



£51.99

RRP

£3.49

COST

£2.60

POR 25%

WHOLE GREEN CARDAMOM EAST END 20X50G



£97.99

RRP

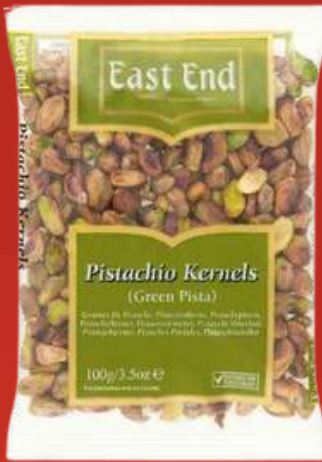
£6.99

COST

£4.89

POR 30%

GREEN CARDAMOM(ILLACHI) EAST END 20X100G



£64.99

RRP

£4.49

COST

£3.24

POR 28%

PISTACHIO KERNAL (GREEN) EAST END 20X100G



£34.99

RRP

£2.49

COST

£1.75

POR 30%

SALTED PISTA EAST END 20X100G



£23.99

RRP

£1.69

COST

£1.20

POR 29%

CASHEW NUTS (KAJU) EAST END 20X100G



£24.99

RRP

£1.79

COST

£1.25

POR 30%

ALMONDS (BADAM) EAST END 20X100G



£33.99

RRP

£2.49

COST

£1.69

POR 32%

CHARMAGZ MELON SEEDS EAST END 20X100G



£27.99

RRP

£3.99

COST

£2.80

POR 30%

PHOOL MAKHANEY EAST END 10X100G



£64.99

RRP

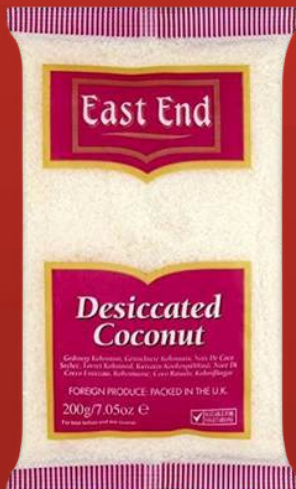
£4.49

COST

£3.25

POR 28%

PISTACHIO KERNAL (GREEN) EAST END 20X100G



£19.99

RRP

£1.49

COST

£1.00

POR 33%

DESICCATED COCONUT FINE EAST END 20X200G



£31.99

RRP

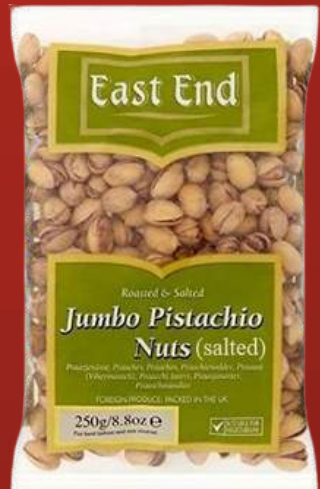
£4.49

COST

£3.20

POR 29%

WALNUT KERNALS EAST END 10X200G



£74.99

RRP

£5.29

COST

£3.75

POR 29%

PISTACHIO SALTED NUTS EAST END 20X250G



£15.99+

RRP

£1.49

COST

95p INC

POR 36%

SWEET MAKHANEY SMALL EAST END 20X300G



£11.49+

RRP

£3.29

COST

£2.29 INC

POR 30%

SWEET MAKHANEY EAST END 6X800G



£14.49+

RRP

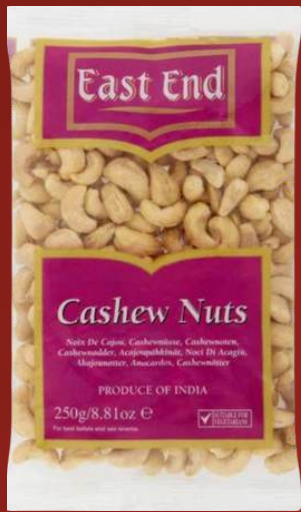
£1.09

COST

86p INC

POR 20%

SWEET MAKHANEY EAST END 20X300G



£52.59

RRP	COST
£3.99	£2.63

POR 34%

CASHEW NUTS (KAJU)
EAST END 20X250G



£27.59

RRP	COST
£1.99	£1.38

POR 31%

GREEN SULTANAS EAST
END 20X250G

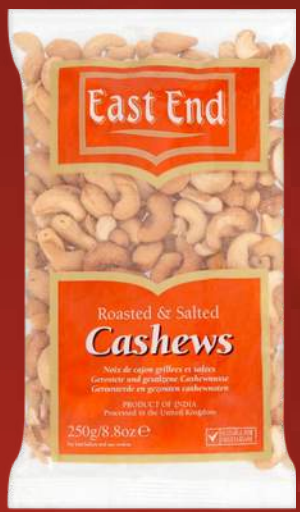


£39.99

RRP	COST
£5.49	£3.99

POR 27%

HOT CHILLI CASHEW NUTS
EAST END 10X250G



£33.99

RRP	COST
£4.99	£3.39

POR32%

ROASTED CASHEW NUTS
EAST END 10X250G



£39.99

RRP	COST
£5.49	£3.99

POR 27%

SEA SALT + BP CASHEW
NUTS EAST END 10X250G



£39.99

RRP	COST
£5.49	£3.99

POR 27%

HONEY CHILLI CASHEW
NUTS EAST END 10X250G



£69.99

RRP	COST
£4.99	£3.50

POR 30%

CHARMAGZ MELON SEEDS
EAST END 20X250G



£41.99

RRP	COST
£2.99	£2.10

POR 30%

EAST END APRICOTS WITH
STONE 20X250G



£34.99

RRP	COST
£2.49	£1.75

POR 30%

GOLDEN SULTANA EAST
END 20X250G



£26.99

RRP	COST
£3.99	£2.70

POR 32%

LUXURY FRUIT+NUT MIX
EAST END 10X250G

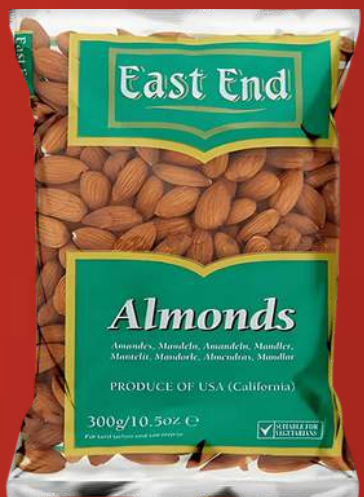


£31.99

RRP	COST
£4.49	£3.19

POR 29%

GROUND ALMONDS EAST
END 10X300G



£61.99

RRP	COST
£4.49	£3.20

POR 31%

ALMONDS (BADAM) EAST
END 20X300G



£14.99

RRP	COST
£2.29	£1.50

POR 35%

ROASTED GRAM SALTED
EAST END 10X300G



£14.99

RRP	COST
£2.29	£1.50

POR 35%

MAHABLES HUSKLESS GRAM
EAST END 10X300G



£62.99

RRP	COST
£10.59	£7.88

POR 26%

WALNUT KERNALS EAST
END 8X600G



£23.89

RRP	COST
£3.99	£2.98

POR 25%

GREEN SULTANA NO1 EAST
END 8X700GM



£35.99

RRP	COST
£6.49	£4.50

POR 31%

GOLDEN SULTANA
CHOICE 8X700G



£23.89

RRP	COST
£3.99	£2.98

POR 25%

GREEN SULTANA NO1
EAST END 700GM



£45.49

RRP	COST
£7.99	£5.68

POR 29%

ALMONDS (BADAM) EAST
END 8X700G



£75.99

RRP	COST
£12.99	£9.50

POR 27%

SALTED PISTACHIOS EAST
END 8X700G



£22.99

RRP £5.49 COST £3.83

POR 30%

ROASTED GRAM UNSALTED (PLAIN) EAST END 6X1KG



£21.99

RRP £4.99 COST £3.66

POR 27%

ROASTED GRAM (SALTED) EAST END 6X1KG



£24.99

RRP £5.89 COST £4.16

POR 29%

MAHABLES HUSKLESS GRAM EAST END 6X1KG



£47.99

RRP £7.99 COST £5.99

POR 25%

LUXURY FRUIT+NUT MIX EAST END 8X700G




£100.99

RRP £6.89 COST £5.04

POR 27%

PISTACHIO KERNALS EAST END 20X200G

SPICES




£10.99

RRP £1.49 COST £1.09

POR 26%

CURRY LEAVES EAST END 10X20G




£10.99

RRP 99p COST 73p

POR 26%

BAY LEAVES TURKISH EAST END 15X40G




£27.99

RRP £1.99 COST £1.39

POR 30%

WHOLE CLOVES LONG EAST END 20X50G




£16.99

RRP £1.29 COST 84p

POR 34%

CRUSHED CHILLI EAST END 20X75G




£4.99

RRP 89p COST 62p

POR 30%

GROUND CORIANDER (CORIANDER & DHANIA) EAST END 8X100G




£12.99

RRP 89p COST 64p

POR 27%

ALL PURPOSE SEASONING EAST END 20X100G




£13.49

RRP 99p COST 67p

POR 29%

HOT PERI PERI RUB EAST END 20X100G

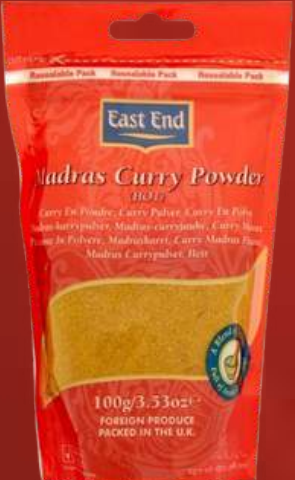


£13.99

RRP 99p COST 69p

POR 29%

LEMON & HERB PERI PERI SEASON EAST END 20X100G




£9.99

RRP 69p COST 49p

POR 28%

CURRY POWDER HOT EAST END 20X100G




£54.99

RRP £3.99 COST £2.74

POR 31%

WHOLE CLOVES LONG EAST END 20X100G




£22.99

RRP £1.49 COST £1.14

POR 23%

CHILLI POWDER EXTRA HOT EAST END 20X100G




£19.99

RRP £1.49 COST 99p

POR 33%

TANDOORI MASALA EAST END 20X100G




£24.99

RRP £1.79 COST £1.24

POR 30%

CUMIN JEERA GROUND EAST END (CUMIN JEERA) 20X100G




£9.99

RRP 69p COST 50p

POR 28%

MADRAS CURRY POWDER HOT EAST END 20X100G




£9.99

RRP £1.89 COST £1.25

POR 34%

POPPY SEEDS EAST END 8X100G



£17.99

RRP £1.29 COST 89p

POR 30%

GROUND CINNAMON EAST END 20X100G



£22.29

RRP

£1.49

COST

£1.11

POR 25%

CUMIN JEERA WHOLE EAST
END 20X100G



£15.99

RRP

£1.09

COST

79p

POR 27%

PAPRIKA POWDER EAST
END 20X100G



£19.99

RRP

£1.49

COST

99p

POR 33%

TUKMARIA ZIP (BASIL
SEEDS) EAST END20X100G



£17.99

RRP

£2.49

COST

£1.79

POR 28%

BIRDS EYE CHILLI WHOLE
EAST END 10X100G



£9.99

RRP

69p

COST

50p

POR 28%

FENUGREEK METHI SEEDS
EAST END ZIP 20X100G



£12.99

RRP

£1.50

COST

64p

POR 57%

GROUND TURMERIC HALDI
(ZIP) EAST END 20X100G



£17.99

RRP

£1.29

COST

89p

POR 30%

LAMB SEASONING EAST
END 20X100G



£17.99

RRP

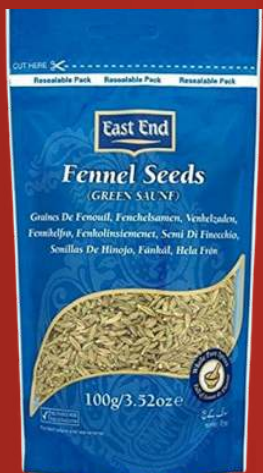
£1.29

COST

89p

POR 30%

AJWAIN SEEDS EAST END
20X100G



£7.99

RRP

£1.49

COST

99p

POR 33%

FENNEL SEEDS EAST END
8X100G



£14.99

RRP

£1.29

COST

74p

POR 42%

KLOWUNJI SEEDS BLACK
EAST END 20X100G



£12.99

RRP

99p

COST

64p

POR 34%

AMCHOOR POWDER EAST
END 20X100G



£9.99

RRP

69p

COST

49p

POR 28%

LINSEEDS (ALSI) EAST END
20X100G



£19.99

RRP

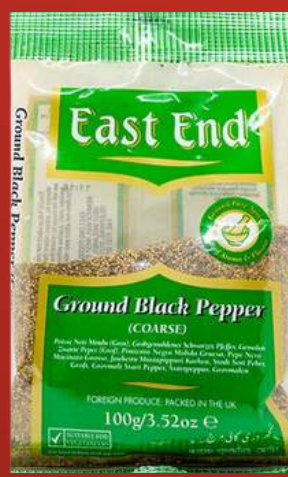
£1.49

COST

99p

POR 33%

GROUND GINGER EAST
END 20X100G



£31.99

RRP

£2.49

COST

£1.59

POR 36%

BLACK PEPPER COARSE
EAST END 20X100G



£33.99

RRP

£2.49

COST

£1.69

POR 32%

BLACK PEPPER FINE EAST
END 20X100G



£13.99

RRP

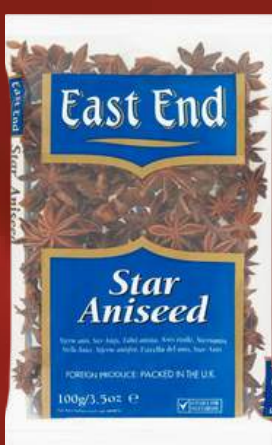
99p

COST

69p

POR 29%

ONION POWDER EAST
END 20X100G



£44.99

RRP

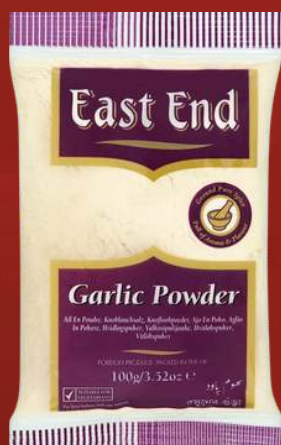
£3.29

COST

£2.24

POR 32%

STAR ANISEEDS EAST END
20X100G



£17.99

RRP

£1.29

COST

89p

POR 30%

GROUND GARLIC EAST
END 20X100G



£14.99

RRP

£1.29

COST

74p

POR 42%

CHICKEN SEASONING
EAST END 20X100G



£34.99

RRP

£2.49

COST

£1.74

POR 30%

WHOLE BLACK PEPPER
(ZIPS) EAST END 20X100G



£3.49

RRP	COST
89p	58p
POR 35%	

METHI KASOORI EAST END
6X100G



£19.99

RRP	COST
£1.49	99p
POR 33%	

FENNEL SEEDS GREEN
(SAUFN) EAST END
20X100G



£14.99

RRP	COST
£1.29	74p
POR 42%	

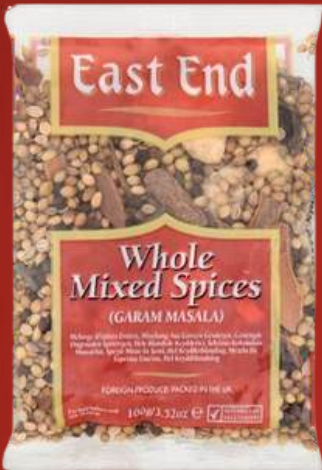
MADRAS CURRY POWDER
MILD EAST END 20X100G



£19.99

RRP	COST
£1.79	£1.24
POR 30%	

CINNAMON STICK EAST
END 16X100G



£16.99

RRP	COST
£1.29	84p
POR 34%	

WHOLE MIXED SPICE EAST
END 20X100G



£32.99

RRP	COST
99p	65p
POR 33%	

TAMARIND (IMLI) EAST END
50X200G



£5.99

RRP	COST
£1.29	74p
POR 42%	

HIMALAYAN PINK SALT
EAST END 8X250G



£19.99

RRP	COST
£2.99	£1.99
POR 33%	

CRUSHED CHILLI (ZIP) EAST
END 10X250G



£12.99

RRP	COST
£1.99	£1.29
POR 35%	

SOYA CHUNKS (WARIAN)
EAST END 10X250G



£22.99

RRP	COST
£3.49	£2.29
POR 34%	

TANDOORI MASALA EAST
END 10X300G



£22.99

RRP	COST
£3.29	£2.29
POR 30%	

CHILLI POWDER EXTRA HOT
(ZIP) EAST END 10X300G



£32.99

RRP	COST
£4.49	£3.29
POR 27%	

CUMIN JEERA WHOLE EAST
END 10X300G



£29.99

RRP	COST
£4.29	£2.99
POR 30%	

GROUND GARAM MASALA
EAST END 10X300G



£29.99

RRP	COST
£4.29	£2.99
POR 30%	

CUMIN JEERA GROUND
EAST END 10X300G



£12.99

RRP	COST
£1.99	£1.29
POR 35%	

GROUND CORIANDER (DHANIA
POWDER)EAST END 10X300G



£17.99

RRP	COST
£2.49	£1.79
POR 28%	

LEMON & HERB PERI PERI
SEASON EAST END 10X300G



£17.99

RRP	COST
£2.69	£1.79
POR 33%	

HOT PERI PERI SEASONING
EAST END 10X300G



£41.99

RRP	COST
£5.99	£4.19
POR 30%	

GROUND BLACK PEPPER
(COARSE) EAST END
10X300G



£41.99

RRP	COST
£5.99	£4.19
POR 30%	

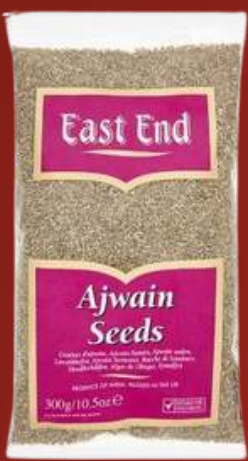
GROUND BLACK PEPPER
(FINE) EAST END 10X300G



£22.99

RRP	COST
£3.49	£2.29
POR 34%	

GROUND GINGER EAST END
10X300G



£31.99

RRP £2.29 COST £1.59

POR 30%

AJWAIN SEEDS EAST END
20X300G



£69.99

RRP £4.99 COST £3.49

POR 30%

WHOLE BLACK PEPPER
EAST END 20X300G



£21.99

RRP £2.99 COST £2.19

POR 27%

FENNEL SEEDS EAST END
10X300G



£19.99

RRP £1.99 COST £1.33

POR 33%

SOYA MINCE (WARIAN)
EAST END 15X300G



£15.99

RRP £2.49 COST £1.59

POR 36%

CURRY POWDER HOT EAST
END 10X400G



£35.99

RRP £4.29 COST £2.99

POR 30%

WHOLE MIXED SPICE EAST
END 12X400G



£27.99

RRP £1.69 COST £1.11

POR 32%

TAMARIND (IMLI) SOFT EAST
END 25X400G



£11.99

RRP £2.29 COST £1.49

POR 35%

SOYA CHUNKS (WARIAN)
EAST END 8X400G



£17.99

RRP £2.49 COST £1.79

POR 28%

ALL PURPOSE SEASONING
EAST END 10X400G



£23.99

RRP £3.49 COST £2.39

POR 31%

GROUND GARLIC POWDER
EAST END 10X400G



£17.99

RRP £2.59 COST £1.79

POR 31%

AMCHOOR MANGO POWDER
EAST END 10X400G



£22.99

RRP £2.99 COST £2.29

POR 23%

CHILLI POWDER PAK EAST
END 10X400G



£35.99

RRP £3.29 COST £2.39

POR 27%

PUNCH POORAN EAST
END 15X400G



£19.99

RRP £2.99 COST £1.99

POR 33%

CORIANDER WHOLE (DHANIA)
EAST END 10X400G



£17.99

RRP £2.49 COST £1.79

POR 28%

CHICKEN SEASONING EAST
END 10X400G



£21.99

RRP £2.99 COST £2.19

POR 27%

PAPRIKA POWDER EAST
END 10X400G



£17.99

RRP £2.49 COST £1.79

POR 28%

MADRAS CURRY POWDER
MILD EAST END 10X400G



£13.99

RRP £1.99 COST £1.39

POR 30%

GROUND TURMERIC HALDI
EAST END 10X400G



£21.99

RRP £4.99 COST £3.66

POR 27%

CORIANDER WHOLE
(DHANIA) EAST END 6X700G

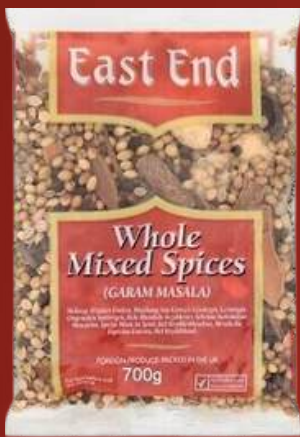


£41.99

RRP £7.29 COST £5.24

POR 28%

CUMIN JEERA WHOLE
EAST END 8X700G



£29.49

RRP

£6.89

COST

£4.91

POR 29%

WHOLE MIXED SPICE
EAST END 6X700G



£18.49

RRP

£4.49

COST

£3.08

POR 31%

GROUND TURMERIC HALDI
EAST END 6X1KG



£39.99

RRP

£8.99

COST

£6.66

POR 26%

CUMIN JEERA GROUND EAST
END 6X1KG



£18.99

RRP

£4.49

COST

£3.16

POR 30%

GROUND CORIANDER (DHANIA
POWDER) EAST END 6X1KG



£32.99

RRP

£7.49

COST

£5.49

POR 27%

GROUND MIXED SPICE (PAK
BASAR) EAST END 6X1KG



£29.99

RRP

£6.89

COST

£4.99

POR 28%

PAPRIKA POWDER EAST
END 6X1KG



£31.99

RRP

£7.49

COST

£5.33

POR 29%

CHILLI POWDER EXTRA HOT
EAST END 6X1KG



£52.99

RRP

£23.99

COST

£17.66

POR 26%

CURRY POWDER (MADRAS)
MILD EAST END 3X5KG



£99.99

RRP

£44.49

COST

£33.33

POR 25%

GROUND GARAM MASALA
EAST END 3X5KG



£72.89

RRP

£32.49

COST

£24.29

POR 25%

CHILLI POWDER PAK EAST
END 3X5KG



£47.99

RRP

£21.49

COST

£15.99

POR 26%

GROUND TURMERIC HALDI
EAST END 3X5KG



£104.99

RRP

£46.99

COST

£34.99

POR 26%

CUMIN JEERA GROUND
EAST END 3X5KG



£79.99

RRP

£35.89

COST

£26.66

POR 26%

CHILLI POWDER EXTRA HOT
EAST END 3X5KG



£32.99

RRP

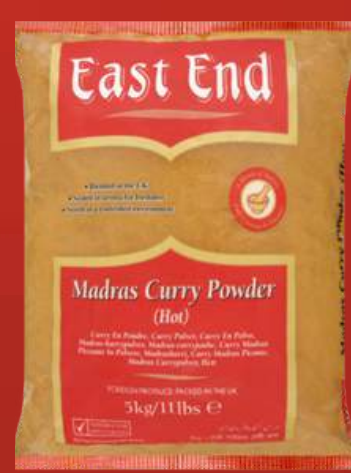
£21.99

COST

£16.49

POR 25%

GROUND CORIANDER
(DHANIA POWDER) EAST
END 2X5KG



£52.99

RRP

£23.89

COST

£17.66

POR 26%

CURRY POWDER HOT
(MADRAS) EAST END 3X5KG



£16.99

RRP

£1.29

COST

85p

POR 34%

CHILLI POWDER (ZIP) EAST
20X100G



£90.99

RRP

£40.49

COST

£30.33

POR 25%

TANDOORI MASALA EAST
END 3X5KG



£69.99

RRP

£31.49

COST

£23.33

POR 26%

PAPRIKA POWDER EAST END
3X5KG



£23.99

RRP

£3.49

COST

£2.40

POR 31%

GROUND MIXED SPICES
EAST END 10X400G



£23.99

RRP

£1.79

COST

£1.20

POR 34%

LINSEEDS (ALSI) EAST END
20X400G



£15.99+

RRP

£2.79

COST

£1.91 INC

POR 31%

CITRIC ACID EAST END
10X400G

BEANS & PULSES



£7.49

RRP 89p COST 62p

POR 30%



£6.49

RRP 79p COST 54p

POR 32%



£5.69

RRP 69p COST 47p

POR 31%



£6.49

RRP 75p COST 54p

POR 28%



£5.69

RRP 69p COST 47p

POR 31%

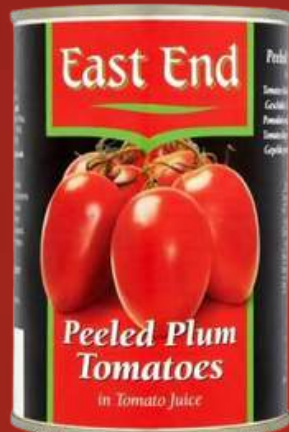
RED CHILLI BEANS EAST END
12X400G

RED KIDNEY BEANS TINS
EAST END 12X400G

ROSE COCO BEANS EAST
END 12X400G

WHITE KIDNEY BEAN EAST
END 12X400G

CHOPPED TOMATOES
EAST END 12X400G



£5.99

RRP 69p COST 50p

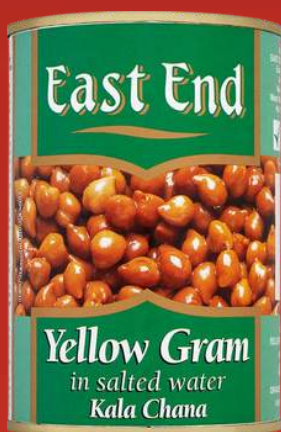
POR 28%



£4.99

RRP 59p COST 42p

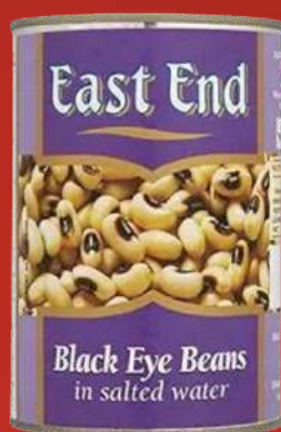
POR 30%



£5.99

RRP 69p COST 50p

POR 28%



£5.99

RRP 69p COST 50p

POR 27%



£10.99

RRP £2.49 COST £1.83

POR 26%

PEELED PLUM TOMATOES
EAST END 12X400G

CHICK PEAS IN SALTED
WATER EAST END 12X400G

YELLOW GRAM (KALA CHANA)
TIN EAST END 12X400G

BLACK EYE BEANS TIN
EAST END 12X400G

KESAR MANGO PULP
EAST END 6X850G



£12.99

RRP £1.49 COST £1.08

POR 27%



£10.99

RRP £1.29 COST 91p

POR 29%



£17.99

RRP £2.29 COST £1.50

POR 35%



£17.99

RRP £2.29 COST £1.50

POR 35%



£29.99

RRP £6.99 COST £5.00

POR 35%

SPINACH LEAF (PALAK)
EAST END 12X380G

SPINACH PUREE (SAAG)
EAST END 12X395G

SPINACH LEAF (PALAK)
EAST END 12X765G

CANNED SPINACH PUREE
(SAAG) EAST END 12X795G

MUSHROOM SLICED IN
SALTED WATER EAST END
6X2.5KG



£37.99

RRP £2.79 COST £1.89

POR 32%



£16.49

RRP £1.99 COST £1.37

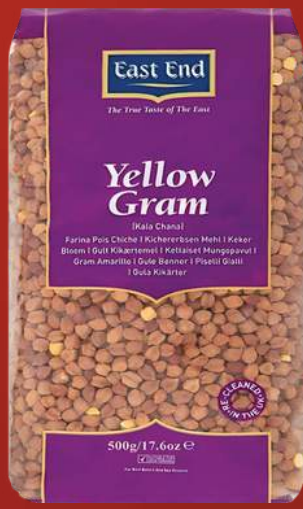
POR 31%



£18.49

RRP £2.29 COST £1.54

POR 33%



£11.99

RRP £1.49 COST £1.00

POR 33%

ROSE COCO BEANS EAST
END 20X500G

CHICK PEAS BRICK EAST
END 12X500G

URID DALL WASHED BRICK
EAST END 12X500G

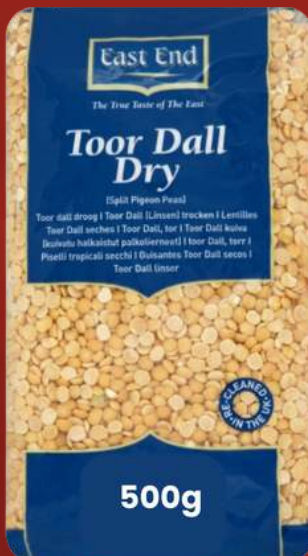
YELLOW GRAM BRICK (KALA
CHANA) EAST END 12X500G



£27.99

RRP £1.99 COST £1.39

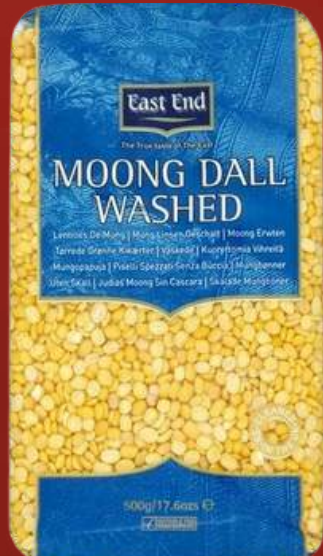
POR 30%



£22.99

RRP £2.79 COST £1.91

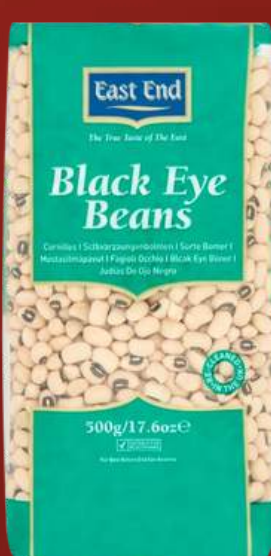
POR 31%



£8.99

RRP £2.29 COST £1.49

POR 35%



£9.99

RRP £2.49 COST £1.66

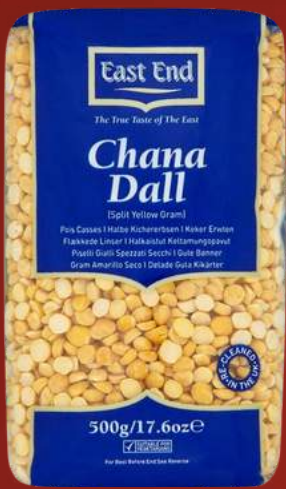
POR 33%

URID WHOLE EAST END
20X500G

TOOR DALL DRY BRICK EAST
END 12X500G

MOONG DALL WASHED
BRICK EAST END 6X500G

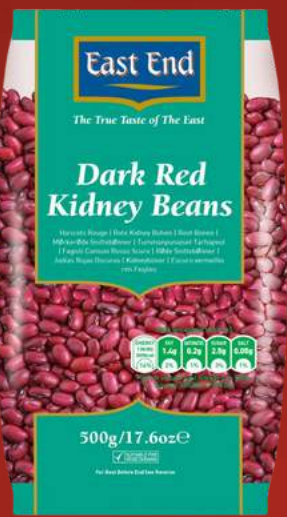
BLACK EYE BEANS BRICK
EAST END 6X500G



£6.99

RRP	COST
£1.79	£1.16
POR 35%	

CHANA DALL BRICK EAST
END 6X500G



£9.99

RRP	COST
£2.49	£1.66
POR 33%	

RED KIDNEY BEANS BRICK
EAST END 6X500G



£6.99

RRP	COST
£1.79	£1.66
POR 35%	

RED SPLIT LENTILS BRICK
EAST END 6X500G



£27.99

RRP	COST
£1.99	£1.39
POR 30%	

BLACK EYE BEANS EAST END
20X500G



£31.99

RRP	COST
£2.49	£1.59
POR 36%	

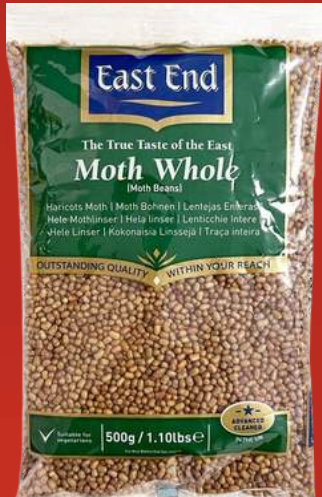
RED KIDNEY BEANS EAST
END 20X500G



£27.99

RRP	COST
£1.99	£1.39
POR 30%	

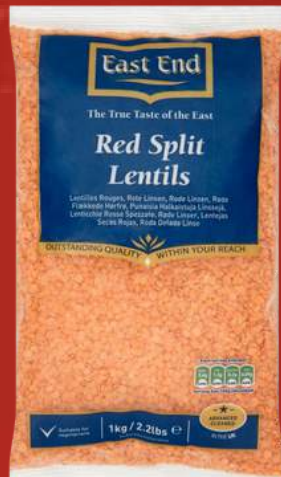
CHICK PEAS EAST END
20X500G



£24.99

RRP	COST
£1.99	£1.24
POR 37%	

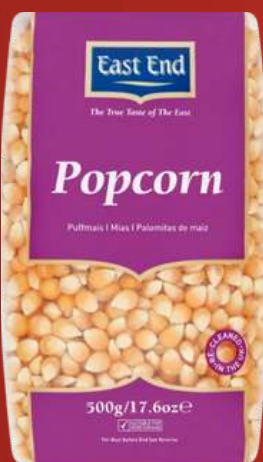
MOTH WHOLE INDIAN
EAST END 20X500G



£19.99

RRP	COST
£1.49	99p
POR 33%	

RED SPLIT LENTILS POLISHED
EAST END 20X500G



£19.99

RRP	COST
£1.49	99p
POR 33%	

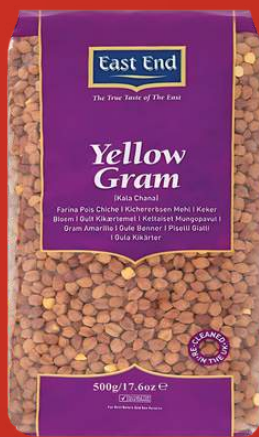
POPCORN EAST END
20X500G



£23.99

RRP	COST
£1.79	£1.19
POR 33%	

MOONG WHOLE EAST END
20X500G



£19.99

RRP	COST
£1.49	99p
POR 33%	

YELLOW GRAM (KALA CHANA)
EAST END 20X500G



£19.99

RRP	COST
£1.49	99p
POR 33%	

CHANA DALL INDIAN EAST
END 20X500G



£32.99

RRP	COST
£2.49	£1.64
POR 34%	

TOOR DALL DRY EAST
END 20X500G



£32.99

RRP	COST
£2.49	£1.64
POR 34%	

URID DALL WASHED EAST
END 20X500G



£20.99

RRP	COST
£1.49	£1.04
POR 30%	

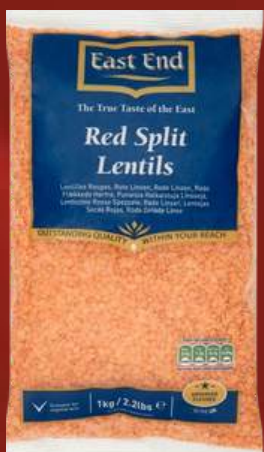
BROWN LENTILS POLISHED
EAST END 20X500G



£27.99

RRP	COST
£1.99	£1.39
POR 30%	

MOONG DALL WASHED
EAST END 20X500G



£19.99

RRP	COST
£2.49	£1.66
POR 33%	

RED SPLIT LENTILS EAST
END 12X1KG



£39.99

RRP	COST
£4.49	£3.33
POR 26%	

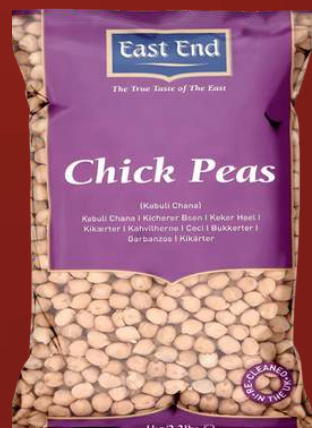
URID DALL WASHED EAST
END 12X1KG



£34.99

RRP	COST
£3.99	£2.91
POR 27%	

TOOR DALL DRY EAST
END 12X1KG



£28.99

RRP	COST
£3.49	£2.41
POR 31%	

CHICK PEAS (KABULI
CHANA) EAST END 12X1KG



£29.99

RRP	COST
£3.49	£2.49

POR 28%

MOONG WHOLE EAST END 12X1KG



£29.99

RRP	COST
£3.49	£2.49

POR 28%

URID WHOLE EAST END 12X1KG

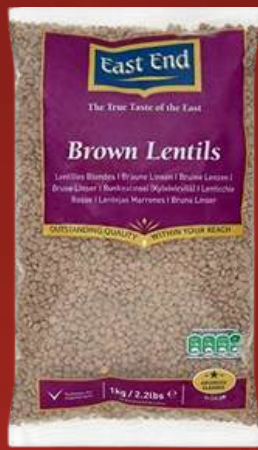


£22.99

RRP	COST
£2.69	£1.91

POR 29%

YELLOW GRAM (KALA CHANA) EAST END 12X1KG



£24.99

RRP	COST
£2.99	£2.08

POR 30%

BROWN LENTILS EAST END 12X1KG



£26.49

RRP	COST
£2.99	£2.20

POR 26%

MOTH WHOLE INDIAN EAST END 12X1KG

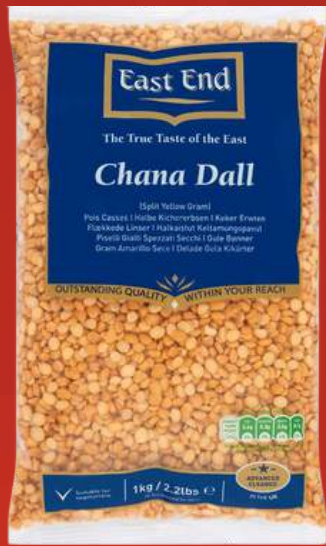


£34.99

RRP	COST
£3.99	£2.91

POR 27%

TOOR DALL DRY EAST END 12X1KG



£21.99

RRP	COST
£2.49	£1.83

POR 26%

CHANA DALL EAST END 12X1KG



£27.99

RRP	COST
£3.49	£2.33

POR 33%

MOONG DALL WASHED EAST END 12X1KG



£37.99

RRP	COST
£8.49	£6.33

POR 25%

ROSE COCO BEANS EAST END 6X2KG



£22.79

RRP	COST
£7.99	£5.69

POR 29%

RED KIDNEY BEANS BRICK EAST END 4X2KG

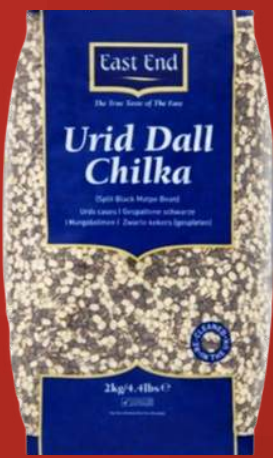


£14.99

RRP	COST
£5.49	£3.74

POR 32%

RED SPLIT LENTILS BRICK EAST END 4X2KG

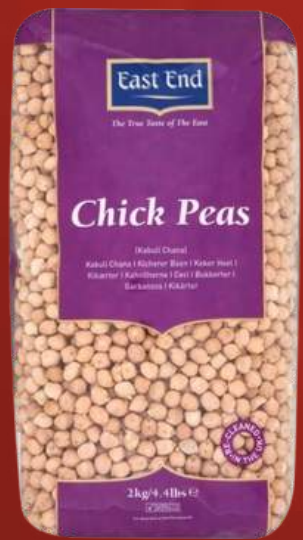


£22.99

RRP	COST
£7.49	£5.74

POR 23%

URID DALL CHILKA (BRICK) EAST END 4X2KG

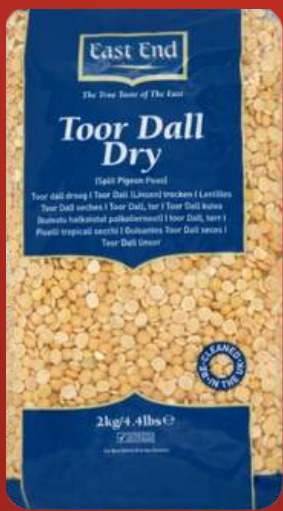


£17.99

RRP	COST
£5.99	£4.49

POR 25%

CHICK PEAS BRICK EAST END 4X2KG



£24.99

RRP	COST
£8.49	£6.24

POR 26%

TOOR DALL DRY (BRICK) EAST END 4X2KG



£17.99

RRP	COST
£5.99	£4.49

POR 25%

YELLOW GRAM BRICK (KALA CHANA) EAST END 4X2KG



£26.99

RRP	COST
£6.29	£4.49

POR 29%

BLACK EYE BEANS EAST END 6X2KG



£26.49

RRP	COST
£5.99	£4.41

POR 26%

DESI RED KIDNEY BEANS EAST END 6X2KG



£32.99

RRP	COST
£7.49	£5.49

POR 27%

RED KIDNEY BEANS EAST END 6X2KG



£17.99

RRP	COST
£4.29	£2.99

POR 30%

YELLOW GRAM (KALA CHANA) EAST END 6X2KG



£22.99

RRP	COST
£5.49	£3.83

POR 30%

CHICK PEAS EAST END 6X2KG



£23.99

RRP	COST
£5.49	£3.99
POR 27%	



£25.99

RRP	COST
£5.99	£4.33
POR 28%	



£31.99

RRP	COST
£7.49	£5.33
POR 29%	



£26.99

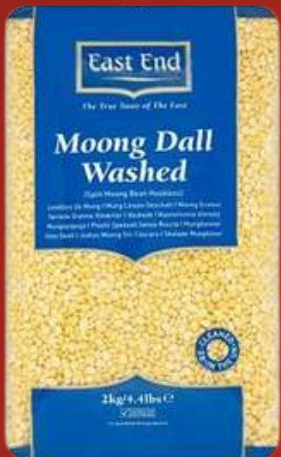
RRP	COST
£5.99	£4.49
POR 25%	

MOONG DALL WASHED EAST
END 6X2KG

MOTH WHOLE INDIAN EAST
END 6X2KG

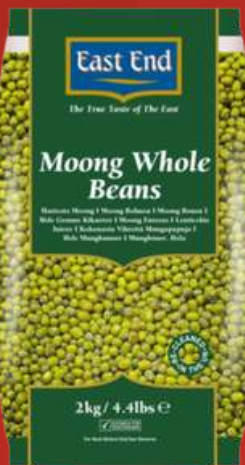
URID DALL WASHED EAST
END 6X2KG

URID WHOLE EAST END
6X2KG



£19.99

RRP	COST
£6.99	£4.99
POR 29%	



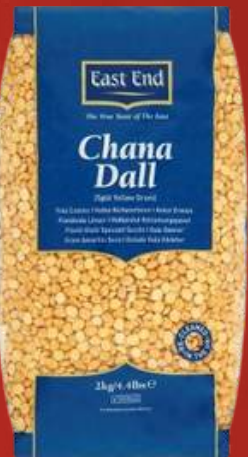
£19.99

RRP	COST
£6.99	£4.99
POR 29%	



£19.99

RRP	COST
£6.99	£4.99
POR 29%	



£14.99

RRP	COST
£5.49	£3.74
POR 32%	

MOONG DALL WASHED BRICK
EAST END 4X2KG

MOONG WHOLE BRICK
EAST END 4X2KG

BLACK EYE BEANS BRICK
EAST END 4X2KG

CHANA DALL BRICK EAST
END 4X2KG



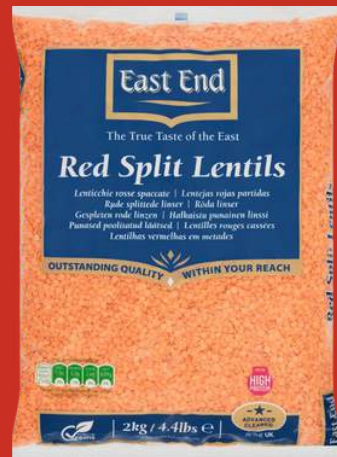
£27.99

RRP	COST
£6.49	£4.66
POR 28%	



£19.99

RRP	COST
£4.49	£3.33
POR 26%	



£16.99

RRP	COST
£3.99	£2.83
POR 29%	



£19.49

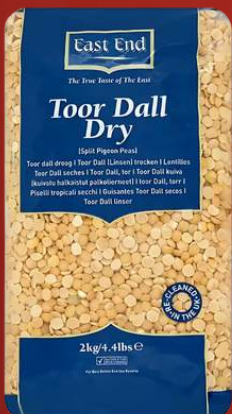
RRP	COST
£4.49	£3.24
POR 28%	

MOONG WHOLE EAST END
6X2KG

BROWN LENTILS POLISHED
EAST END 6X2KG

RED SPLIT LENTILS EAST END
6X2KG

CHANA DALL INDIAN EAST
END 6X2KG



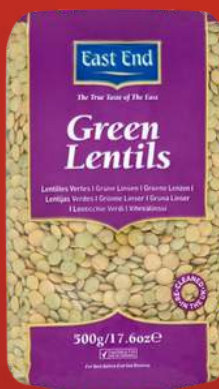
£31.99

RRP	COST
£7.49	£5.33
POR 29%	



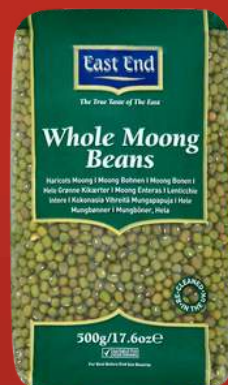
£22.99

RRP	COST
£5.49	£3.83
POR 30%	



£9.99

RRP	COST
£2.49	£1.66
POR 33%	



£7.99

RRP	COST
£1.99	£1.33
POR 33%	



£19.99

RRP	COST
£1.49	99p
POR 33%	

TOOR DALL DRY EAST END
6X2KG

POPCORN EAST END
6X2KG

GREEN LENTILS (BRICK)
EAST END 6X500G

WHOLE MOONG BEANS
BRICK EAST END 6X500G

SAGO SEEDS SMALL EAST
END 20X400G

FLOUR



£11.99

RRP	COST
£2.99	£1.99
POR 33%	



£11.99

RRP	COST
£2.99	£1.99
POR 33%	



£11.99

RRP	COST
£2.99	£1.99
POR 33%	



£15.99

RRP	COST
£3.99	£2.66
POR 33%	

CHAPATTY FLOUR (F) EAST
END 6X1.5KG

CHAPATTY BROWN FLOUR
(B) EAST END 6X1.5KG

CHAPATTY MEDIUM FLOUR
EAST END 6X1.5KG

PREMIUM GOLD WHOLEMEAL
CHAPATTI ATTA EAST END
6X1.5KG

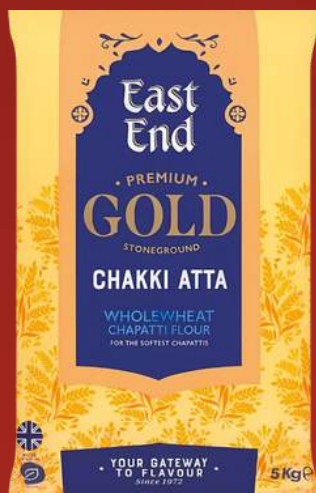


£17.99

RRP £4.29 COST £2.99

POR 30%

PREMIUM GOLD MULTIGRAIN
CHAPATTI ATTA EAST END
6X1.5KG



£21.99

RRP £9.99 COST £7.33

POR 27%

PREMIUM GOLD ATTA
WHOLEMEAL EAST END
3X5KG



£27.99

RRP £12.49 COST £9.33

POR 25%

PREMIUM GOLD MULTI
GRAIN CHAPATTI ATTA
EAST END 3X5KG

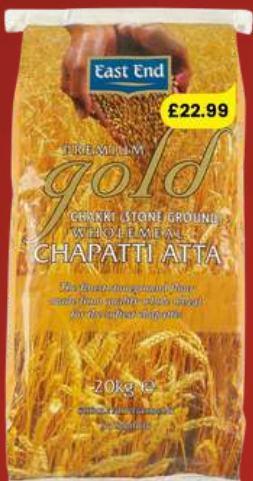


£17.99

RRP £23.99 COST £17.99

POR 25%

PREMIUM GOLD MULTIGRAIN
CHAPATI FLOUR (ATTA) EAST
END 1X10KG



£19.99

RRP £22.99 COST £19.99

POR 13%

PREMIUM GOLD ATTA
WHOLEMEAL EAST END PMP
£22.99 1X20KG



£10.99

RRP £12.99 COST £10.99

POR 15%

PREMIUM GOLD WHOLEMEAL
CHAPATTI ATTA EAST END
PMP £12.99 1X10 KG



£12.99

RRP £2.99 COST £2.16

POR 28%

DESI MAKKI ATTA CORNMEAL
EAST END 6X1.5KG



£12.99

RRP £2.99 COST £2.16

POR 28%

RICE FLOUR EAST END
6X1.5KG



£19.99

RRP £8.99 COST £6.66

POR 26%

RICE FLOUR EAST END
3X5KG



£1.30

RRP £1.99 COST £1.30

POR 35%

TRADITIONAL ROTI (NISHAAN) EAST
END 1X350G



£1.30

RRP £1.99 COST £1.30

POR 35%

CHAKKI ROTI (NISHAAN) ATTA
EAST END 10X350G



£14.99

RRP £2.69 COST £1.87

POR 30%

MILLET (BAJRI) FLOUR EAST END
8X1KG



£15.99

RRP £1.09 COST 79p

POR 28%

CRUSHED WHEAT (LABSI)
EAST END 20X400G



£19.99

RRP £8.99 COST £6.66

POR 26%

CORNMEAL FINE EAST END
3X5KG



£15.99

RRP £7.49 COST £5.33

POR 29%

CORNMEAL COARSE EAST END
3X5KG



£21.99

RRP £4.99 COST £3.66

POR 27%

COCONUT FLOUR EAST END
6X800G



£12.99

RRP £2.99 COST £2.16

POR 28%

SEMOLINE COARSE EAST END
6X1.5KG



£14.99

RRP £3.49 COST £2.49

POR 28%

SEMOLINE FINE EAST
END 6X1.5KG



£11.99

RRP £2.99 COST £1.99

POR 33%

CORNMEAL COARSE EAST
END 6X1.5KG



£11.99

RRP £2.99 COST £1.99

POR 33%

CORNMEAL FINE EAST
END 6X1.5KG



£24.99

RRP	COST
£11.49	£8.33

POR 28%

SEMOLINE FINE EAST END
3X5KG



£17.99

RRP	COST
£1.29	89p

POR 30%

SEMOLINE FINE EAST END
20X375G



£14.99

RRP	COST
£3.49	£2.49

POR 28%

SEMOLINE FINE EAST END
6X1.5KG



£24.99

RRP	COST
£11.49	£8.33

POR 28%

SEMOLINE COARSE EAST
END 3X5KG



£14.99

RRP	COST
£1.29	74p

POR 42%

SEMOLINE COARSE EAST
END 20X375G



£12.99

RRP	COST
£2.99	£2.16

POR 28%

SEMOLINE COARSE EAST END
6X1.5KG



£19.99

RRP	COST
£3.49	£2.49

POR 28%

JUWAR FLOUR EAST END
8X1KG



£17.99

RRP	COST
£3.29	£2.24

POR 32%

RAGI FLOUR EAST END
8X1KG



£18.99

RRP	COST
£1.49	94p

POR 36%

MILLET (BAJRA) WHOLE EAST
END 20X400G



£32.99

RRP	COST
£2.99	£2.19

POR 26%

MILK POWDER FINE EAST END
15X250G



£15.99

RRP	COST
£3.89	£2.67

POR 32%

CRUSHED WHEAT (LABSI) F
EAST END 6X1.5KG



£18.99

RRP	COST
£2.89	£1.89

POR 34%

COCONUT FLOUR EAST END
10X400G



£14.99

RRP	COST
£3.49	£2.49

POR 28%

PEARL BARLEY FLOUR EAST
END 6X1KG



£12.99

RRP	COST
£2.99	£2.16

POR 28%

GROUND RICE EAST END
6X1.5KG



£35.99

RRP	COST
£23.99	£17.99

POR 25%

COCONUT FLOUR EAST END
2X4KG



£32.99

RRP	COST
£2.99	£2.19

POR 26%

MILK POWDER FINE EAST END
15X250G



£12.99

RRP	COST
99p	64p

POR 34%

CORNMEAL FINE EAST END
20X375G



£17.99

RRP	COST
£1.29	89p

POR 30%

SEMOLINE FINE EAST END
20X375G



£12.99

RRP	COST
99p	64p

POR 34%

CORNMEAL COARSE EAST
END 20X375G



£14.99

RRP	COST
£1.29	74p

POR 42%

SEMOLINE COARSE EAST
END 20X375G

RICE



£7.99

RRP **£1.99** COST **£1.33**

POR 33%

**PUFFED RICE (MAMRA)
EAST END 6X200G**



£17.99

RRP **£2.29** COST **£1.49**

POR 35%

**PURE BASMATI RICE
EAST END 12X500G**



£22.99

RRP **£3.99** COST **£2.87**

POR 28%

**PURE BASMATI RICE
EAST END 8X1KG**



£22.99

RRP **£7.99** COST **£5.74**

POR 28%

**PURE BASMATI RICE
EAST END 4X2KG**



£24.99

RRP **£33.49** COST **£24.99**

POR25%

**PURE BASMATI RICE EAST
END 1X10KG**



£17.99

RRP **£2.29** COST **£1.49**

POR 35%

**PUDDING RICE EAST END
12X500G**



£22.99

RRP **£3.99** COST **£2.87**

POR 28%

**PUDDING RICE EAST END
8X1KG**



£18.99

RRP **£6.49** COST **£4.74**

POR 27%

**PUDDING RICE EAST END
4X2KG**



£19.99

RRP **£2.49** COST **£1.66**

POR 33%

**ROYAL BASMATI RICE
EAST END 12X500G**



£22.99

RRP **£3.99** COST **£2.87**

POR 28%

**ROYAL BASMATI RICE EAST
END 8X1KG**



£22.99

RRP **£7.99** COST **£5.74**

POR 28%

**ROYAL BASMATI RICE EAST
END 4X2KG**



£19.99

RRP **£6.99** COST **£4.99**

POR 29%

**LONG GRAIN PRE FLUFFED
RICE EAST END
4X2KG**

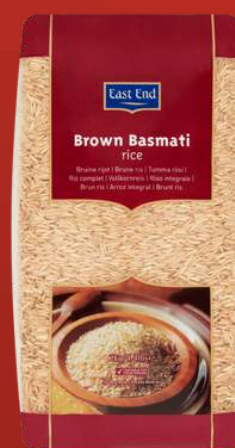


£13.49

RRP **£3.29** COST **£2.24**

POR 32%

**BROKEN BASMATI EAST END
6X2KG**



£17.99

RRP **£6.29** COST **£4.49**

POR 29%

**BROWN BASMATI RICE (BRICK)
EAST END 4X2KG**



£41.99

RRP **£13.99** COST **£10.49**

POR 25%

**BROWN BASMATI RICE EAST
END 5KGX4**



£18.99

RRP **£3.49** COST **£2.37**

POR 32%

**BROWN BASMATI RICE-B
EAST END 8X1KG**



£14.99

RRP **£3.49** COST **£2.49**

POR 28%

**FLAKED RICE (PAWA
MEDIUM) EAST END 6X1KG**



£10.99

RRP **£1.49** COST **£1.09**

POR 26%

**FLAKED RICE (PAWA MEDIUM)
EAST END 10X375G**



£25.99

RRP **£5.99** COST **£4.33**

POR 28%

**GLUTINOUS (STICKY) EAST
END RICE 6X2KG**

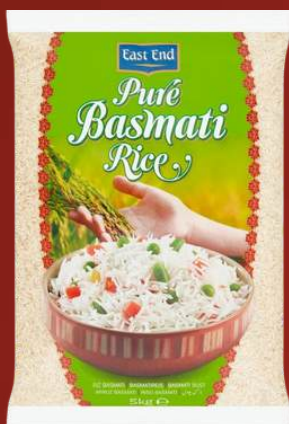


£17.99

RRP **£5.99** COST **£4.49**

POR 25%

**GLUTINOUS (STICKY) RICE-B
EAST END 4X2KG**



£35.99

RRP	COST
£15.99	£11.99

POR 25%

PURE BASMATI RICE EAST
END 3X5KG



£26.99

RRP	COST
£35.99	£26.99

POR 25%

ROYAL BASMATI RICE EAST END
1X10KG



£45.99

RRP	COST
£61.49	£45.99

POR 25%

ROYAL BASMATI RICE EAST
END 1X20KG



£36.49

RRP	COST
£16.49	£12.16

POR 26%

ROYAL BASMATI RICE EAST
END 3X5KG



£12.99

RRP	COST
£2.99	£2.16

POR 28%

GROUND RICE EAST END
6X1.5KG



£19.99

RRP	COST
£8.99	£6.66

POR 26%

GROUND RICE EAST END
3X5KG

SAUCES



£9.99

RRP	COST
£2.49	£1.66

POR 33%

MIXED PICKLE EAST END
6X300G



£7.99

RRP	COST
£1.99	£1.33

POR 33%

MANGO PICKLE EAST END
6X300G



£8.99

RRP	COST
£2.29	£1.49

POR 35%

TAMARIND (IMLI)
SAUCE EAST END
6X260G



MANGO MINT
SAUCE EAST END
6X260G



CHILLI + GARLIC
SAUCE EAST END
6X260G



£7.99

RRP	COST
£1.99	£1.33

POR 33%

VERY HOT GREEN
CHILLI EAST END
6X260G



£7.79

RRP	COST
£1.99	£1.29

POR 39%

HONEY + CHILLI SAUCE
EAST END 6X270G



£13.99

RRP	COST
£1.69	£1.16

POR 31%

W.I HOT PEPPER SAUCE
EAST END 12X220ML



£9.49

RRP	COST
£6.89	£4.75

POR 31%

MINT SAUCE EAST END
2X2.34KG

OIL



£7.99

RRP	COST
99p	66p

POR 33%

KEWRA WATER EAST END
12X190ML



£7.99

RRP	COST
99p	66p

POR 33%

ROSE WATER EAST END
12X190ML



£7.29

RRP	COST
89p	60p

POR 32%

LEMON JUICE EAST END
12X250ML



£14.99

RRP	COST
£1.79	£1.24

POR 30%

LEMON JUICE EAST END
12X500ML



£22.99

RRP

£2.99

COST

£1.91

POR 36%

ALMOND OIL EAST END
12X200ML



£27.99

RRP

£3.49

COST

£2.33

POR 33%

ALMOND OIL EAST END
12X300ML



£14.99

RRP

£3.49

COST

£2.49

POR 28%

MUSTARD OIL INDIAN EAST
END 6X500ML



£70.99

RRP

£7.99

COST

£5.91

POR 26%

PURE BUTTER GHEE EAST END
12X500G



£134.99

RRP

£15.49

COST

£11.16

POR 26%

PURE BUTTER GHEE
EAST END 12X1KG



£131.99

RRP

£29.49

COST

£21.99

POR 25%

PURE BUTTER GHEE TIN
EAST END 6X2KG



£32.99

RRP

£2.99

COST

£2.19

POR 26%

PURE SUNFLOWER OIL
EAST END 15X 1 LTR



£24.99

RRP

£11.49

COST

£8.33

POR 28%

VEGETABLE OIL EAST END
3X5L



£27.99

RRP

£12.49

COST

£9.33

POR 25%

PURE SUNFLOWER OIL
EAST END 3X5L



£23.99

RRP

£5.49

COST

£4.00

POR 28%

PURE SUNFLOWER OIL
EAST END 6X2L



£33.99

RRP

£15.48

COST

£11.33

POR 27%

PURE CORN OIL EAST
END 6X2L



£28.99

RRP

£6.49

COST

£4.83

POR 26%

PURE CORN OIL EAST
END 6X2LTR

SWEETS



£19.99

RRP

£2.99

COST

£1.99

POR 33%

GULAB JAMUN MIX
EAST END 10X300G



£29.99

RRP

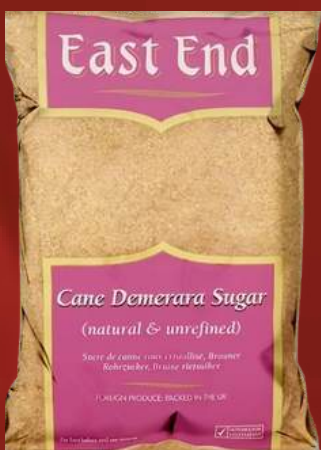
£2.29

COST

£1.49

POR 35%

JAGGERY (GOOR) ROUND
EAST END 20X450G



£17.99

RRP

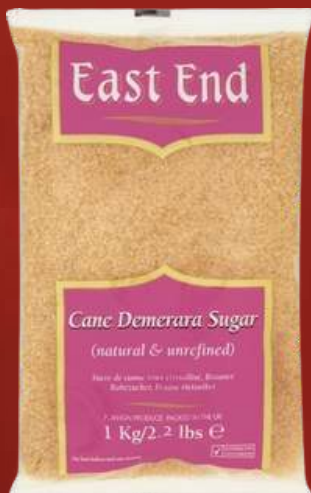
£1.29

COST

89p

POR 30%

DEMERARA SUGAR EAST
END 20X500G



£16.99

RRP

£2.49

COST

£1.69

POR 32%

DEMERARA SUGAR EAST
END 10X1KG



£26.99

RRP

£3.99

COST

£2.60

POR 32%

DEMERARA SUGAR EAST
END 10X2KG



£37.99

RRP

£4.49

COST

£3.16

POR 30%

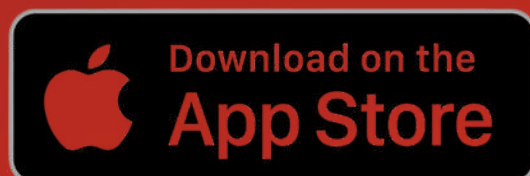
AMRITSARI SHAKKAR EAST
END 12X1KG

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